<u>TRANSCRIPT to 135min mp3-no152 – Sasha Latypova On The COVID-19</u> <u>Pandemic And Its Underlying Agenda</u>

Right, everybody. Hello, my lovely listeners. So this is a special treat for all of you who are listening and are not paid subscribers. I actually reached out to Sasha Latypova about, I don't know, just under a month ago and said, can you do me a treat? And then for my paid subscribers to podcast, and she was very obliging.

And I did that. I did that podcast over the weekend, and it's meant to come out as a paid Paywall episode only. But the problem is she blew me away, And I think what she said is far too important to be behind a paywall, and I think it needs to be accessible to everybody. I think if it's shared with your loved ones and your friends and your family, it could do a tremendous amount of good trying to wake them up to the lies and the propaganda that's out there. She succinctly and clearly lays out what's been going on over the last few years, so I want everyone to listen to it.

So I still want to do paywall episodes, obviously, but this one is gonna replace so this is no longer going to be a paywall episode. I'll have to put something else up instead. Folks, look, I want all my podcasts to be free and available to everyone. The truth is, every episode is pretty much just amazing. I mean, some are better than others, but they're all great.

They're all great. And I want to inform and educate and empower you all to make the right decisions for yourself and for your family and loved ones.

But I am I have a job. I am, unemployable, you know, fit and ankle surgeon. So I need your support and help.

So please consider becoming a paid Substack subscriber or subscribing to my Spotify. Now I have now ventured into affiliate codes, and I just wanna take a few moments to talk about Hunter and Gather. They're a fantastic company, and they are for people who want to use products that avoid seed oils and pursue a keto and carnivore diet. They have multiple product ranges out there. I highly recommend their olive oil and mayonnaise.

I highly recommend their olive oil and their ghee, and they've got other things like marine collagen. I mean, I can't recommend them highly enough. I've actually been using their products, my wife and I, for over 2 years now, and so I'm happy to work with them because they're already products that we use and recommend. So why go seed oil free? Well, if chickens are the gateway to conspiracy theories, seed oils are the gateway to understanding your true health.

Just a quick summary. I mean, did you never ever think, like, how the hell do you get these little seeds, sunflower or rapeseed, and make oil out of it? Like, seriously, or vegetable oil? Like, do vegetables have oil? So you get these seeds.

You clean them. You grind them. You pulverize them. You press them. You add hexane, a solvent, to them.

You extract the oil, then you boil the oil, then you refine the oil, then you centrifuge it, then you degum it, then you bleach it, then you deodorize it, then you add preservatives and hydrogenate it for margarine, and then you get this yellowy liquid that's called vegetable oil, which is highly processed, highly industrial, very unhealthy. It's very high in linoleic acid, and that's been shown to have you know, increased oxidative damage to your tissues. It makes you a lot more susceptible to chronic disease. This will be a good

one for all of you who wanna look young and stay young. It actually accelerates the biological clock.

It results in premature aging and death. So you don't want seed oils. Right? I mean, I'm gonna do a proper substack on that, but you don't want seed oils. So try and get off your seed oils, look in your pantry, look in your jars, and you'd be amazed at how many things have rapeseed oil, sunflower oil in it.

I mean, we're talking about bread. We're talking about sauces, we're talking about everything. Avoid it like the plague. So, for my listeners, go to hunterandgatherfoods.com, use DOC, d o c 15, code to get 15% off your first purchase. So buy a ton load, and then after that, use doc 10, doc 10, and you get 10% off.

And, look, what you're doing is giving me 10% as well. That's how I make some money. And it's important because unless you're a communist, you'd expect me to get paid for my hard work and endeavors, and I'm hoping you're not commies. So, folks, I need to keep a roof over my head, provide for my family, and, fight these evil tyrants. Right?

So if you wanna fight the tyrants and, support me, please buy from hunter and gatherer and look into seed oils. I also use Root's products. So if you go to therootbrands .com/docmalek, you can look into the things that they've got. I use Clean Slate. It's a natural way to detox.

I use Restore and Relive Greens, and they're great products. I don't use them every month. They're quite expensive. So I do you know, every 3 months, my wife and I will go through these products, and then we have a break for a bit. But please do look into that as well.

And my referral link is therootbrands.comforward/.malek. Right, folks. Sorry for the ads and the plugins, but like I said, this advert sorry. Episode is free now for all. I I need your support, folks.

You know, I I don't have the backing of Mi 5, Mi 6 CIA, or anybody like that. If you're listening, any of you guys, you know, if you wanna capture me, I'm afraid I'm uncapturable. So, yeah, I'm a free agent, folks. I'm literally dependent on you, my listeners and supporters, to keep this show going. Alright, folks.

Listen to Sasha Latypova, and please share it with your friends and family. This one is a cracker. Bye, folks. I felt like crying. I'm not joking. Yeah. Yeah. Yeah. Oh, you're crying. Oh.

I'm I'm not I'm not lying. I I almost got tears in my eyes, like, reading it. Like so most of your substacks, I actually find absolutely hilarious because you're so witty and funny and sarcastic. And, I actually don't understand half what you're saying because I'm I feel so stupid. And I have to go away and look up what you mean and who you're referencing because I'm like, oh, that's what you mean.

But I I was reading I was reading your introduction and last updated March now. You know, you've pinned it on your sub stack on the page? The the pin post. Yeah. Okay.

The pin post. I I just read it now where you explain Uh-huh. What's happening. Uh-huh. That is fracking depressing.

Yeah. But that, like, the last 4 years are very depressing. Don't you find that? I mean, it also ties with everything else that's going on. Yeah. Honestly, can I be honest with you? I've been so confused, and I don't know what's going on. But that substack, you just explained it so well. Do you mind just repeating it again, like for me and the listeners? What's the agenda?

What's happening? Who's doing it, and how are they doing it? And why are they doing it? Right. So, I mean, I probably won't recall everything in that post Yeah.

Yeah. Off the top of my head. So that's why I recommend everyone go on my page, and this is a pinned post, and it's 14 or 15 or so points with links. And you can read it, the summary, and you can understand the body of my work before, you know, a lot of people don't do that and go off some Twitter, you know, smear campaigns and start smearing me before even, you know, reading anything that I say. Okay?

So that's that's the lazy approach, and I recommend don't be lazy. Go read that post that's in the center that says summary of everything. And, as far as what the what's going on and what the agenda, well, as it relates to COVID. So as I said, it ties with everything else. As it relates to COVID, it's a military campaign.

It's a military attack on civilians conducted by governments of the respective countries, with the intent to kill and harm as many people as possible under pretenses of public health emergency and subsequent government measures. And, by the way, that characterization, I'm not the only person who has characterized it that way. Many other commentators are saying, approximately the same thing. Many people noted that, COVID, whatever that was, was a very mild illness. I personally don't know anyone who died of COVID.

I had it myself. It was nasty, but with proper treatment, it lasted a couple days. And so the the point is that and people are pointing that all the deaths entirely are attributable to government measures. So hospital murder protocols, for example, which we all know, and I experienced firsthand with one of my relatives as as late as last, fall. So they're still doing it.

Wow. And, yeah, it's it's still a protocol in major US hospitals to kill people with remdesivir and ventilators, starvation, dehydration. You know? So

that's that's still being practiced. You know, so that accounts for majority of what this counted this COVID pandemic does.

And then subsequent to that, you know, of course, they created this, the whole, almost a year of misery with forced masking. You know, children cannot go to school. Everybody locked down, you know, started firing people, for, you know, not following shutting down small small businesses. So created a year of misery so that then everyone can be, like, oh, but you can return to normal and go on vacation if you inject yourself with this, and and this is a poison. You know?

And they knew it's a poison. They knew it's a poison. There is no way, Peter Marks didn't know, you know, the the Janet Woodcock did not. You can even see Janet Woodcock called Peter Marks is a better is more evil and a better actor. Janet Woodcock looks looks terrified.

She's blinking as fast as, like, I don't know, a 1000 RPMs, and, when she says, oh, this is safe and effective for children. She knows it's poison. She knows she's she's pushing poison on children. You know, so because it was all documented well in advance that mRNA is extremely toxic. That you couldn't in clinical trials where I worked, you couldn't even test it in healthy volunteers.

It was considered unethical. You could you can't give people knowingly poison. That's the whole point of this. Yet, in 2020, it was pushed on pregnant women and children by the same professionals who previously said you can test it in healthy volunteers. Yeah?

So that that's my so this is intentional, government campaign. You know, it's led by the DOD, but the but for but the whole US government federal agencies merged into one government. In fact, they, stated in their press conferences, Operation Warp Speed, the DOD, Ditra Darpa, they come they all in their press conferences, press releases, they're stating we're acting as

one government because they are under these this military rule, which says we're in war. So the public health emergency law has net effect of announcing the state of war. And that's how they exert power, and all the federal agencies merge, and they're all acting under command of of the DOD.

So, and, and and this is intentional campaign to, as I said, kill and harm as many people, terrorize the population, and install their new world order, whatever their their next plan is. Man, this is depressing. So, you know, in your actual substack, you talk, I think I can't find it now, but you talked about it's a it's a campaign of depopulation. Oh, there you are. This is it. This is it. Here we are. Mhmm. Overall character overall characterization of what is going on, the federal and most of the state governments are gone and captured.

That's massive, Sasha. Whatever is running the federal government agencies really intends to kill you or at least substantially injure you, damage your reproductive capacity, and repossess your assets in the process. The aim is to reduce the population and terrorize the survivors enough to establish a totalitarian control over much of the world's territory. Nobody's coming to save you. Your survival and that of your children is in your hands only.

Do not comply. I mean, the thing is Sasha, you've written that really beautifully. I mean, I I kind of like have come to the same conclusion, but I've you know, I would've worded it in, like, 2 pages. I think just seeing it distilled, like, every word has meaning. Like, there's nothing superfluous there.

You're not like, oh look how clever I am with words. You're just every word is just to the point. And It's hard hitting just seeing that paragraph. You know? Right.

But notice that, you know, it's while it's depressing and dark, their power to implement this relies very, very heavily on mass compliance. Yes. If people acted appropriately and said, this is nonsense. This is government overreach. It's completely illegal and unconstitutional to lock everyone down at homes and shut down small businesses, for example, from the start and forcing masking on everyone from the start.

And if everybody said, you know, buzz off, And, you know, I'm gonna go about my life as I did before because I'm a free human being. None of this would have been possible. None of it. So, we have more power, you know, than than you realize, and we can act, and we can prevent this from happening. That's why I'm saying nobody's coming to save you. You have to stand up. I mean, yeah, I've been speaking for 4 years. I know what to do with my family. My family is protected. Nobody is injected. You know, we're all healthy and happy. And I advise everyone, just join me. Join me and do the same thing. And you will see you will see how quickly these, these people fold. They can't do anything if you don't comply. And notice they rely I mean, they rely, of course, heavily on the on the establishment, on on all these, to your brainwashed doctors and nurses to continue injecting poison. But you have to confront them. They're pulling the trigger. You you are in front of them. They're pointing at, oh, I'm following orders from from above, but you are in the room with them. You can confront them with this. They're they're humans. They understand. Yeah. And even if they kick you out, you know, that doesn't mean that they will come back, and and they will have to face themselves in the mirror. Yeah. I'm I'm using the the hard bad cop, hard stick, you know, method. I I'm not I know a lot of people, people, you know, behavioral science say, oh, be nice and, you know, work on I you know, I've lost patience. I'll give you an example of my tweets. It kind of, like, I think it echoes what you say.

I mean, I I said, today I have little patience for fools and idiots comfortable in their blind trust in government, cozy in their intellectual arrogance, and delusional in their moral superiority. In some ways, you're worse than the predator class because you give power to their machinations. And I'm talking about I'm talking about the doctors. I'm talking about the lawyers. I'm talking about these professionals and the journalists.

I'm not talking about your average person on the street, you know. And I'm and, you know, and I really Sasha, I don't know what you think about this, but I'm really both disgusted and ashamed of the medical profession for not standing up and defending medical ethics, for looking the other way, or even enabling the tyrants with their mandates, medical apartheid, and experiment experimentation on children, pregnant women, and humanity. You know? It's just and this is why I say, you know, when they offer you a mmRNA, modified mRNA flu vaccine this fall, what will you say? I mean, I know what I'm gonna say.

I'm gonna say frack off. It's like, that's what I'm gonna say. You know, it's just I mean Yeah. I yeah. I mean, I I've I've been talking about the same thing. You know, there's a there's a tendency to say, oh, there's, like, just a handful of psychopaths like Fauci and, Daszak and Barrick and Peter Marks, and let's throw them under the bus. So they are solely responsible. So right now, there's a tendency to to you know, we know we know who. We both know who says that, oh, Peter Marks Operation Warp Speed it's all Peter Marks' brainchild. And so he's responsible for it.

Well, you know what? While Peter Marks is is evil and should be, you know, investigated and prosecuted for what he did, Operation Warp Speed is not his brainchild. He only came up with the name, you know, the Star Wars or whatever, the Star Trek. Mhmm. And, you know, that's not so you know what?

It's deflection, And and there are many, many more participants. And my my recommendation would be for for any prosecutor who has the power in any jurisdiction, large or small, you start rounding up those doctors who are still administering the COVID murder protocol in the hospital, who are still using remdesivir, who are still pushing these injections on children, start rounding them up. They're they're they're the foot soldiers pulling the trigger for the mafia bosses. And as any mafia roundup starts from there, and then it goes to boss and boss and boss, and they point eventually at the who is really running the show. And you will see that, you know, it will end up very high up in the Department of Defense, DITRA, DARPA, HHS, all the federal agencies, and and congress who are funding this.

I love that. Sasha, again, you're just crystalizing so clearly. Cause I I talk about the cabal, I talk about this mafia, I talk about a racket, it's a racket and, I talk about how government is a racket. You know, they say we're here to protect you. You need to pay us, you know, for our taxis.

You need to pay us so we can protect you and provide for you. But actually, they're the cause of all the problems. So they create all the problems for which they then say, we need to go to them for protection. I mean it's the ultimate racket which is the mafia. And I never thought of it like that. You're right, you never go to the big guy mafia at the top. You get the little ones at the bottom, then you feed yourself up and up and higher and higher and get a bigger and bigger fish. Maybe you'll find the dodgy accountant who's willing to squeal. And then you get the mafia boss. And, you know, I've talked to Jacob Nordengard and Ira Cummings.

And they they go on, like, the Rockefeller family's behind it. Other families are behind it. Rich bankers are behind it. The reality is we're not gonna get those people straight away. What we need to do is get their little foot soldiers.

Yeah. You you yeah. You can't get those people straight away. And, you know, that's a that's a theory that they have that the Rockefellers are behind it. Okay?

I don't have a contract between the Rockefellers and Pfizer ordering prototypes and countermeasures. But I do have 100 of them between DOD and Pfizer and other pharmaceutical companies and medical device companies for prototypes and countermeasures and for remdesivir, and I know DITRA funded it. So I have a direct link. I, you know, I'm examining the the crime scene, and here's the direct link to somebody who ordered poison that then this doctor injected. So here's a very clear evidence link that all these commentators try to studiously avoid.

Like, you can notice the the space of discourse in COVID right now. So it's myself, Catherine Watt. There's another journalist, David Lerman, and a couple of other people from Australia. There's there's some good substacks that are writing about it, Democracy Manifest. I've I've, reposted them. So just a handful of people pointing to this, which is all in the open from public sources, from their own presentations, from their own videos. Okay? So we have this there. Everybody else goes, look at WHO. Look at the Rockefellers.

Oh, look at Tedros. Oh, chemtrails. You know, anything but and and this is like, super marksmanship. You know, like, you can hit the 10 or you can hit 8 all around in a circle, and I think you're a better marksman then. You know? That's what they're doing. Right. Well, can I just say something? I should have said this at the beginning. I just wanna say thank you so much. Thank you for giving your time. It's early in the morning there. You do so many of these podcasts. You do it for free. You're not you're not charging anything.

You give your time. You still have passion in your voice. Unlike someone who I recently spoke to, who was very agitated and irritated with me for, You know, you're very patient with me. You know, you've been doing this for 4 years. I've only been doing this for 2 years.

And you're very patient of me. I still feel I'm learning. And, no, I appreciate that. And you're still saying things with passion and like, you're in this fight. You've got the warrior gene.

I don't know if you know, Ed Griffin talks about warrior gene. 1% of the population now that you've got the warrior gene. So I just wanna say thank you so much. Sasha, seriously, thank you. And thank you for being patient. Now I'm gonna ask you to go really back and make it basic. You know, like, I don't know if you you've seen the comment section. There's a comment. Mary said Sasha. At the bottom, there's a little wee chat.

It says chat. And if you click the chat button you see comments. So Mary has said Sasha most of the general public are not aware. The propaganda was off the scale. People I know still think COVID was deadly.

In the next 10, 15 minutes, can you do a really, like, idiot's guide to the pandemic? Like, what happened in Wuhan? The virus. Who made it? What was it designed to do?

The vaccines. Is the vaccine the dog and the virus is the tail that's wagging? Or is it the other way around? Because I think the pandemic was brought in so that the vaccines could come in. I mean, that's my personal opinion on it. But like, if you could -Absolutely. I mean, if you could just do a little timeline for me, really idiot's guide for people who have never heard of anything, you know, they're complete normies. Can you break it down, please? Yeah. I'll I'll try to do my best.

It's it's a fast topic. So, first of all, pandemics do not exist. It's not a thing. Okay? They do not exist, and they never happened in the in the human

history.

Because if you go by what these people claim pandemic is, it's a infectious disease caused by infectious agent natural infectious agent virus, for example. And it affects large you know, the entire world simultaneously or at least large, you know, different regions of the world simultaneously. So let's say, you know, Europe and North America simultaneously. Okay? Nothing like this ever happened in the history of the world, and it can't happen because if it were possible like this you know, you know, remember, humans, we we have been around for 100 of 1000 of years.

The recorded history, at least, goes about 10000 years, you know, the recent one, and that never ever happened because if it could happen like this, we would not be here talking to each other. Okay? So things like the black death. People talk about the black death The black death. Third of the population.

Yeah. Let's go to the black death. So the black death affected densely populated cities. Isaac Newton lived in London when one of the, you know, very large epidemics of black death was in London, he moved out to, I believe, Oxford or Cambridge. 1 of like, it's an hour by car right now. He moved out and lived happily ever after, and there was no plague there. Mhmm. So it wasn't a pandemic. Okay? It was a local outbreak, and the plague is directly related, 100% related to, flea bites from rats, mice, other vermin, which were hugely infested in London.

The water was completely polluted with human waste and animal waste. Everyone lived crowded. So this is the crowding, lack of sanitation, and infestation with rats. We still have the plague. You know, the US has about 20 cases of plague a year, but we never have an epidemic.

Why? Because those are random, occurrences when somebody gets bit by a squirrel or something or a rat in usually in the western states. And and

nothing happens, and it's treatable by antibiotics. So the it's nonsense to say that in the modern world with modern water sanitation and hygiene, we're going to have pandemics and also talk about it with inevitability. You know, it's just a matter of when.

So they're not talking about actual pandemics. What the, what those criminals like Tedros and Fauci are talking about, they're talking about Department of Defense and other militaries wanting to deploy biological and chemical weapons, but they're prohibited from doing so openly by the international laws that they all signed up to in about, seventies, 75, I believe. So it's been prohibited since then, except they gave themselves a little loophole that says, oh, you know, for purposes of infectious disease research, we can make small amounts of deadly pathogens, okay, and test them. Mhmm. And so they're using this little loophole, and they created a \$1,000,000,000,000 industry out of it because they are producing biological and chemical weapons, and they have been testing them on the population.

I have a list I've published on my Substack. I'll publish again. There's a whole list, going from the forties to, 2000 in very recent years, documented in mainstream media, okay, sources, when US tested, biological, chemical, and psychological weapons on, people without consent. There's huge list of things. They do it routinely.

They do it all the time. When they make a new weapon, they need to deploy and demonstrate it. And because otherwise, you know, whoever is their adversary is not gonna believe they have it. And so they do it like this. And now, they are covering up their biological and chemical weapons with things like pandemics, viruses, and, vaccines and therapeutics, you know, and countermeasures.

So then they came up with this whole brilliant idea, which is a total hubris, in a in around 2,012. It got really rolling by 2,017. So they the Department of Defense organized the consortium of 100 of pharmaceutical companies, and I published on that because I have a leaked audio recording from AstraZeneca discussing this. So they organized the consortium around 2017, approached pharma companies, specifically DARPA, colonel Matt Herb Hebron, who's brain you know, it's his brainchild. He goes and does TED Talks on this.

He approached them all and he said, oh, you know, we're going to identify viruses with pandemic potential, and you guys are going to make countermeasures for them within 60 days. And pharma company said, you are out of your mind, friend. And he said, but look at the Benjamins. And they said, oh, okay. In that case, we can do that.

And that's how it all started. So Right? So that's how how cartel started going. Okay. Okay.

So pandemics don't exist. We've agreed on that. Right? I agree as well. I I don't think it's possible.

So then what happened? What was the whole Wuhan business all about? Was it Fort Detrick? Was that when it leaked from? Remember in Fort Detrick they had this thing, they had this funny illness in 2019, in the summer.

And then they had the vaping illness. There are there are a bunch of yeah. There are a bunch of, reports on the illness around Fort Detrick, also illness unusual illness on US Navy ships. And, a bunch of other places like Bay Area, also people recorded, reported, you know, San Francisco Bay Area, people reported a lot of unusual, flu, and then they also tested a bunch of antibodies that, you know, they can you know, very high prevalence of antibodies in population. Right?

So meaning that they did some deployments, before they deployed the the main thing. Now I you know? So what I think happened, I also published on the how to fake pandemics, a series of articles. There's this person, James Giordano, in, also he's he's, he's new he pretends to be a neuroscientist. He's not he has a science degree, but he's not a real scientist.

He's just a spokesperson for the military. He goes around and does these, popular science presentations for, mostly, like, military cadets and staff, and just there on YouTube. You you can find them. And so he described in one of the one of his talks, actually several, he described how to fake pandemics. There is a protocol, and this is around 2017.

Again, he's describing that. So he says, oh, you know, what you do is you seed sentinel cases, meaning you have to produce some kind of panic and fear with real symptoms. And he said we prefer CNS, central nervous system, acting agents because they freak people out. Yeah. You know? And so as you noticed, with this COVID, especially early early waves, there was this very bizarre, loss of taste and smell. So I've experienced it myself. It's not flu. Yeah. Mhmm.

It's not flu, and it's not common cold, and it's not congestion. Because, what also happened, you know, while I recovered from, you know, fever and all the, like, nasty stuff very quickly, The this lasted for a couple of weeks, and I became anorexic because while I was hungry, I couldn't eat anything because everything tasted and smelled awful. So, okay, so this is and, you know, even when I was very, very pregnant, I never had such, you know, bizarre reactions to food. You know? And so that's I always like food, all kinds of food.

I eat everything, and, you know, I never had any problems like that. And I lost £20. It also never happened before. So this is this is poisoning. It's poisoning.

Okay? It's poisoning, and it waxed because I probably inhaled the agent, and it wax your olfactory cells, probably, they die off. And then you have this, like, your brain is like, woah. I can't I I can't figure this out. And then they regrow, and eventually, it goes away.

Mine just wants. And this is also documented in I had I lost it for months. It just depends Yeah. Yeah. It just it depends on your own, you know, your individual factors and also depends on how much you got exposed to. So, again, so this this very large variability that tells you exposure. So any toxic agent, as you know, it's just a matter of exposure. How much you got, where, through what, you know, was it skin, was it inhalation, was it ingestion? So that's how your body is going to react. So this tells tells you and and this is not the first time I figured out it was a a neurotoxin of some sort, because I also talked to a number of people, and they all report different things.

I talked to one one doctor early on as a doctor in New York. He called me. He, like, found my contact information, scheduled he wanted to talk to me, scheduled a phone call. We had a discussion. He has a Chinese wife, and she was, at that time, in the in the winter, of 2020, she was traveling back to China, and he said, oh, she called me.

She got sick on subway. Okay? She she got rapidly very sick on subway. And I said, oh, okay. And so he described the symptoms to me, and I said, well, I do you realize you took and he thought it was a virus.

And I was, like, do you realize you're describing the symptoms? That's not a virus. That's poisoning. He's, like, oh, you know? And, yeah, on a subway. So because our aerosols deployed on subway is a known method of deploying biological and chemical weapons. They've done it all. The Soviet Union has done it. US has done it. I'm sure China does it too.

Another thing, Harvey Rich, in the recent, Roehm Johnson's hearing as the only presentation really worth listening to. He discussed this, and he said, oh, you know, in Wuhan, the infection traveled along the and this is after analyzing a lot of different data points. So Wuhan is a participant and a collaborator in this global exercise. They were given, grants by the US, by NIH, and probably by, you know, various sources. They were given grants to do components, to do some to do some parts of production of this biological chemical weapon.

Then they were the first place to deploy it in a in a limited setting. They probably aerosolized on subways. They they did some other stuff. Then Michael Callahan went there, tested the COVID murder protocol with remdesivir. As soon as he arrived, people started dying, and they've died at high rate.

And then he reported back that it's brilliantly or beautifully or some kind of a smart bow. I forget. Like, he used some kind of very flowery language. And then he flew to the diamond princess. As soon as he arrived, again, people started dying because he was testing the he was doing the final step.

So now that we have the poisoning worked out, now we need to figure out the hospital murder protocol. He did that. And after that, they unrolled the hospital murder protocols, all over. And in the US, we have 4% of, I believe 4% of the world's population is in the US, but we have 17% of COVID deaths with very advanced health care, and lots of money spent on it, and a very advanced worked out hospital murder protocol and government incentives and PREP Act. And that's why we have all this.

How the how they fake pandemics. They they faked it with mostly, propaganda, fear mongering, some chemical, biological agents of poisoning to do the sentinel cases to freak everyone out, to make it look real, and

then the bulk of it was accomplished with hospital murder protocol, and they're still continuing it. Wow. Okay. Can I I've got a couple of things I wanna just discuss there to unpackage?

So I've come to this idea as well now that China isn't this enemy. Like, they they wanna say, oh, America and China are, you know, are loggerheads. They hate each other. You know, Donald Trump is going on about China, China. Actually, the whole thing seems like they're they're together. It seems like China and America need each other. China needs to manufacture things. America buys it. They're in this whole globalized network. I mean, why would they wanna fight with each other or cause trouble for each other?

I think the rulers are all the same. They're plutocrats. They're oligarchs. They're billionaires. You know, they're the same class of people, these rulers.

And, you know, as for communism in China, yeah. No. Not really. It's champagne for me, and, you know, water for thee kind of mentality. But the thing is, it sounds like what was happening in China, they were in it. Like, the way they were able to get the PPE, and the testing kits, and the masks, I mean, they made a lot of money. They made a lot of money selling all this crap around the world. And at the same time, America and, you know, whoever else, the big pharma companies, they made their money selling their drugs and their agents. I mean, were they were the Chinese government, American government working together on this? Was this a grand conspiracy?

I'm sure. I'm sure they were. So the and, again, when we say government, as I said, like, that's that's not, you know, it's not government. It's the mafia that has captured the government that are running it. And it's it's a kind of oligarchy, you know, or you could it's a classic definition of fascism.

It's government merged with large corporations and the same in China, the same same here Mhmm. Or in the UK. So, they're not lawful governments, I would say, and they act in the interest of themselves and and whoever whoever is, private interest they they represent. Now, yeah, they they definitely partnered on this. They partnered both, you know, Wuhan received grants to to work on these biochemical weapons.

The, then for the vaccines, you know, there are I've also published on this. There are big partnerships between so, for example, Pfizer and Biotech, it's not a two way partnership. It's a three way partnership. There's Pfizer BioNTech and Fosun Corporation, which is a Chinese gigantic conglomerate that owns, I don't know, 20 some huge brands all over the world of all sorts of things. Large bulk is Fosun Pharmaceuticals, but they're they own all kinds of brands and everything.

And the chairman, the chairman of, Fosun Conglomerate is a high ranking CCP official. So, yeah, government is in on it, of course. And pharmaceutical industry in general in in China is extremely government controlled because it's huge. Anything any any large business in China is controlled by government and by CCP. And so and then there are other other contracts that they had.

You know, the preclinical studies for Pfizer were done in Shanghai, Like, you know, so there was a lot it's and Fosun, obviously, is a large participant, and they are sharing data. So they're sharing data not directly, but indirectly. Also, Bill Gates' investment is investor in Fosun. Bill Gates' investment in Pfizer in Moderna. And then, you know, knowing these partnerships that were signed in 17, 18, 19, then US Department of Defense goes and awards Pfizer who who is in a three way partnership with a Chinese CCP controlled entity.

They award them \$10,000,000,000. So you're telling me they're enemies? You know? You're gonna be kidding me. No.

No. Definitely not. You know, the funny thing as well is if you've got if say say you believe what the government is saying and saying we are doing this really important national security work. We we're we're researching bioweapons and we we wanna prevent the bad people from making them. You I've had recent guests talk about, oh, there's bad agents.

And even doctors, awake doctors. I had this guy, Roger Hodgkinson. He was like, no, no, we need to understand that North Korea and or China, Iran, they might create something so we need to have mRNA technology to fight it. And I'm like, what? So even even people low down the pecking order who are good people, they've fallen for this propaganda bullshit.

They actually believe this. But say we take say we believe this is actually real. It doesn't even make sense because if you're doing bioweapon defense research against, you know, your enemy, why would you then do that research in the enemy's country, in their lab? And then give them yeah. And give them And give them money.

In contract. It's like if the American gov yeah. Right? It's like if the American government's a dude and the public is a lady, he's like, I'm a faithful man to you. I'm a faithful man.

And there's, like, this Chinese stripper in bed secretly under the duvet, and he's, like, having an affair with her. Like, it's like bullshit. It's like, this is bullshit. It doesn't even make sense. It just it doesn't even pass the bullshit test.

Absolutely. And that and that whole narrative of, oh, you know, bad actors, you know, you can make these bioweapons by a p PhD student in the garage can make these bioweapons. You know, our mutual friend, talks

about it all the time. And and Yes. It is laughable because you know where it comes from.

I, actually, I found the source of this of of this brilliant narrative. It comes from in 1997, there's this guy, forget his name, like, a trashy novelist, wrote a book, and it's probably ordered by by the CIA for him to write it. And and, actually, probably wrote written by the CIA to put his name on it. Anyway, so he wrote this, this book. It's called Cobra COBRA something.

COBRA event. Yeah. Cob it's called COBRA event in 97. And Bill Clinton apparently got so taken by this whole story of a mad scientist in his apartment making bioweapons and then leaking them, and then half the world dies from Ebola, flying Ebola. Okay?

Ebola. That he, immediate yeah. Immediately, you know, the huge amounts of money started being appropriated. Actually, at that time, relatively small. Now now it's now it's a tsunami of money that they appropriate to this BS, total BS manufactured narrative.

Because not only you you can't, as a as a, you know, private individual in your garage, make any bioweapon. They can't even make it in like, they can't make flying Ebola no matter what they try. Right? So they tried many times. You can see that even, you know, Fauci participated in that, and that was, like, a big activity.

They they poisoned Africans a few times to create Ebola. And then what they do is, like, they poison people in remote villages where nobody's watching and nobody's gonna, like, prosecute anything. Yeah. And then collect the samples, trying to then, synthetically make whatever they've collected. And then they try to aerosolize, and then they try to, like, make it spread by itself, but it doesn't.

They can't even infect animals in their own own labs, animal to animal. So to produce so, like, in Pfizer's own experiments, they couldn't infect

monkeys with COVID. Even though they said monkeys have the same identical h two receptors as humans, this is a great model for COVID because COVID is so highly infectious. They couldn't infect them. They had to essentially, you know, drown them in the virus solution to produce any illness.

Of course, they aspirated whatever that garbage was and and created pneumonia. Yeah, so so that's how they produce infection when they need to. So and then but they're telling us that the minute somebody, like, sneezes outside of this lab, it's going to spread all over the world. Right? I mean, it's just like how stupid do you have to be to fall for this? Yeah. You know what? I love the way you're talking. It's so funny. When the last time I had anyone talk about Ebola, my get on my show, was that our friend, you know?

Remember Rebecca? Yeah. You know? And then Oh my god. Oh my god. I have to I have to I have to still publish to that because that that whole story about Ebola that he told you, I was crying laughing. I was on the floor laughing. It was like, oh, you know, we the Ebola you know, do you know that we have pandemic of Ebola currently declared in the United States and Marburg too, until end of 2028. So apparently we have an epidemic of Ebola going on right now, and have been for a while now. Anyway, so your friend then goes and says, well, it's a it's a pandemic potential virus because oh, and in the United States we have to be fearful of it and create countermeasures.

Why? Because Africans in the, I don't know, Sierra Leone, a village somewhere in the jungle, touched the corpses. That's why. Do you know what? I was like, really?

Oh, and then all the crowds died. Remember that? Oh, yeah. Remember that all the crowds died? That was epidemic.

But you know what? I I was like, you you gotta be kidding me. Who is buying this? Right. But the problem is with the propaganda, the more outlandish and crazy and mental, the more believable for some strange reason.

Like, you know, 911, some 20 odd Arab dudes who could barely litter it with some box cutters brought down the Twin Towers. You know? Like, I mean, it's just the more outlandish and crazy the propaganda, the more people believe it. And yeah. Yeah.

Mean, the thing is, I've had David Rasnick on, and he's now even talked about he actually thinks the whole age HIV was the precursor their their their run up to COVID. They did this absolute scam saying HIV causes AIDS when actually it's all toxins, it's drugs, it's immune suppression from their own thing, it's not the virus. But, yeah, they they ran that they ran that scam really well and still do it. They ran this in in the yeah. Not the only scam.

The the whole vaccination propaganda industry, and it's super evil. It's it's systematic poisoning. But I think AIDS in particular I didn't look in it into it very closely, but I believe it it was, you know, initiated by the their new, hepatitis b vaccine, and it was a special special lots that they've distributed about the epidemic of AIDS, but really was just poisoning with vaccines and probably other things. But I you know, it's just as I said, I haven't ever No way. The source should vary.

Watch the David Rasnet podcast when it comes out. You'll enjoy it. It really it starts to put all everything together. It was just, like, the the precursor. Seriously, it was just the whole thing was just on a They picked a small group of people to target.

This time they picked the whole of humanity. Alright, let's go back to the Wuhan and the Chinese stripper prostitute lady. You know, so what did they

actually make out there? Was it a biological agent? Was it like this JJ Khoo talks about these viral clones, synthetic clones?

I mean, what was it? Was it radiation? Was it 5 gs? Was that a mixture of everything? Because like you, I had something.

I had something. And I don't know about you, but did you have these horrendous headaches? Because my head was like exploding. You know? It was bad.

Yeah. Yeah. The huge headache. This is how it starts. And, again, this is, you know, classic sign of poisoning.

And, anyway, so well, what it was, I I, you know, I can't tell you because I'm I'm not a chemist. I don't test. And then and then right now, it's gone. Like, you can't really Yeah. You know, test for it.

But the the explanation of, you know, infectious clone makes sense to me. Basically, I the way I explain it is simpler. It's a chemical. Now the the it's it's they they're all chemicals. Nobody can first of all, nobody can make viruses in the lab.

That's if you believe viruses exist in the first place. You know, I am, you know, I can talk either language, and I think this is the area of science that's that's being falsified greatly and needs proper research before we can answer those questions. But in any case, whatever they propagate in those shows and on TV, telling you, oh, there's this, you know, virus that they can engineer in the lab. Nobody can engineer that in the lab because, they're what they're what they're doing in the lab so so chemistry, traditional chemistry, you know, chemical drugs, what's called small molecule drugs, they are under 900 Daltons in weight molecular weight, and they are stable. The smaller piece of chemistry, the state the more stable it is. So they're stable. They're fairly straightforward to synthesize and manufacture. And also because of stability, and ease of synthesis, they're

also very can be very well controlled. So, you can design it, you can make it, and you can check that you made what you wanted to make, and that it's pure. So chemistry is, you know, and making small molecule drugs is very well understood.

Now, biologics, what they call biologics now, that's a whole bowl of ice. So, actually, my friend, Catherine Watt, who writes on Substack as well, recently started publishing awesome series, even educating me, about what it is. So while traditionally biologics were considered naturally derived harvested, proteins and other substances, such as, you know, blood was regulated as biologic, insulin made from animals was regulated as as biologic, and that was the first biologic regulations. They actually were first congressional acts, like, in 1902, even, like, very, very early one. Mhmm. So those are the biologics. Now many, many years later, we have this whole synthetic biology, which is a misnomer. There's no synthetic biology. What they're making synthetically is, they are trying to glue together huge molecules. So so biologics' absences proteins, they're very, very large. They're hundreds of they could be kilodaltons or 100 kilodaltons, so gigantic molecules. And so and by definition, they are unstable. So all the biological substances denature very quickly because they just break apart and fall apart. So once outside of the body, with elements or anywhere, they just denature very quickly. And so but these people are trying to make these molecules synthetically using using traditional chemical synthesis. They are trying to glue together these huge molecules and call them synthetic biology. There are numerous problems with it. Stability is one of them. They break apart. So what what describes is how Ralph Barrick, you know, wrote in his paper how to glue together 5 or 6 pieces of this so that they combine long enough into into a biological substance.

And but they they break apart. The manufacturing process is not deterministic. It's probabilistic. So you can only aim at certain percentage of your substance being to the spec that you plan to do, and then the rest of it is just gonna be unpredictable. And I and I also make analogy for people as, you know, what they're claiming they're making, it's like you're claiming especially with the regard to these vaccines and viruses, the infectious viruses, is it's like you're claiming you're going to bake 1,000 loaves of bread, and they're all going to have identical holes number of holes in an identical locations.

Okay? It's not possible. It's not a deterministic process. It's a probabilistic process. And so they can't.

They can't make anything life and self spreading, but they can make a bunch of chemicals that are poisonous and and essentially transmissible because you can also formulate things that it can be passed through the skin, inhaled, ingested. There's shedding. Shedding is definitely real with these things. So once you are you you have toxins in you, your body is gonna start trying to eliminate them, and you're gonna shed in your sweat and saliva and skin and, you know, your excrement. So that's what shedding is.

Those are pieces of stuff of potential. So depending on how large those pieces would broke off and how you process them, you they can be more dangerous or less dangerous for whoever is around you. So secondary in secondary cases of poisoning have been documented with a whole number of substances, including Marburg, for example, but they're always less dangerous. So that's why all kinds of epidemics or outbreaks of anything always self extinguish because the secondary and tertiary, if there's tertiary, always much much much less dangerous than the primary. Okay.

So that that's that's how that's how they that's how they do it. Alright. Let's recap now. The recap is our government agencies are all captured by the mafia. We recap that America's in bed with the Chinese hooker.

We recap that there's not a pandemic but these toxins, some chemical thing that they've poisoned people with. And I was one of them and you were one of them and it was real. So when there's people in the freedom movement that goes, oh there's nothing, there was no virus or anything, I'm I'm very skeptical of that. I think there was something, because I was I knew. I know what I had.

I had something. And it wasn't, like, any infection or anything. We are sympathetic to the no virus camp. Although we're gonna sit on the fence, we think a lot of what the people talk about viruses and how they isolate it and grow it is actually bullshit and it's fraudulent science. Yeah.

But maybe we're not gonna That's not fraud, you know? Yeah. But maybe we're not gonna jump and say there's no such thing as viruses because you know what? Like, let me just leave that for a moment. Just park it on the side.

But basically Yeah. So so We're sympathetic. What what I can say on that yeah. What what I can say on that, I agree with, commentators like the Baileys and Tom Cowan when they criticize virology. I think virology is a fake science.

It's a totally fake science. It's also evil. It's it's just designed to mass poison people under pretenses of these idiotic things. Now and and their critique is completely valid. There is no replacement right now to the viral theory, and they're not offering any.

So just critique by itself is valuable, but it's not the complete answer.

Complete answer needs to come up from proper science. We don't have proper science in that in that area. Now whether viruses exist or not, I

know the nucleic sequences exist, and we emit them. So that's what, you know, our bodies emit all sorts of signals, including chemical, which is, you know, RNA, DNA sequences.

And you could, you know, they come out in lipid envelopes. You could call them viruses, but not in a in a way the virology is is discussing it. You know, they're signals. They're signals from the body, whether something is good, whether something is bad. This is what dogs identify us by.

This is what dogs sniff as cancer. Yeah. Those those are the signals, and we need to study them properly. We also emit other signals. We emit electromagnetic signals.

People emit light, and, of course, we emit sound waves. So all of that needs to be studied as far as how does it influence other people around us in terms of causation of disease. Right? But that has it's prohibited because you are not going to get a grant from NIH if you don't affirm virologist dogma. And that, by definition, precludes all this other research. Yeah. But, you've again beautifully, eloquently put Well done. I'm gonna make a short of that. And honestly, it's just perfect. But again, you're 100% right.

But this is a corruption of science. This is a death of science where you only get the money and the grants if you basically promote the prevailing narrative. And God knows how long that's been going on for. And if you don't, well, you're not gonna get the funding. You're not gonna do research. And you're gonna be, you know, you're gonna be canceled. And you're gonna be, like, called a quack. So, you know, you're always gonna push a certain agenda. So I think one thing people need to realize is don't trust the science, because it isn't scientific. Science is not scientific.

I mean, especially especially the big peer medical papers, I've realized, like JAMA, the New England of New England Journal of Medicine, the BMJ, the

Lancet. It's all bullshit. It's complete BS. It's their propaganda. Big pharma, cabal mafia's propaganda.

And and, you know, the, the thing is doctors, again, coming back to doctors, I'm gonna have a go at them. You know, doctors, they, their idea of, oh, I wanna save people and help people is bullshit. It's gone out the window. Nowadays, doctors want prestige, they want money, they want a big career. If they get a paper in one of these big journals, that I mean, I don't think people listening understand what a big deal it is.

You know, doctors crave for that big ticket publication in a big peer reviewed journal. 1 of the top 3, top 5 that can make or break break your career. You could end up being head of the department and attending a consultant. You'd be invited to lectures and meetings. You become a top dog.

You get a private practice. It's big. And so they will do whatever they can to get that publication in one of these big journals. And What do you think they're gonna do? They're gonna look at where the funding is.

They're gonna look at what the narrative is. And what's topical, what's fashionable. So it's just inherently corrupt, you know? It's just a broken system. Anyway, let's move on.

So we've decided all of this stuff. Now let's go on to some of the people in their freedom movement are talking about early treatment, banging on about early treatment. I get really nervous, Sasha. I'll I'll be honest with you. Because do is is it the case that, you know, if we'd just gotten the early treatment, it would have been fine?

Maybe we just did basics like vitamin d, vitamin c, and kept them out of the hospital, gave them sunlight, fresh air, and detoxified from this poison, people would have been fine. What do you think of that? Or do you think there's a role for pushing the early treatment? No. No.

Early treatment is is important. It's important to figure out what works, without fear of prosecution. So and without, you know, the government coming down on you as a as a practitioner because everybody is different. And, you know, there are people with vulnerabilities. Yes.

You know, people who who were obese and had diabetes did much worse than people without. And we know our population has obesity problem, and diabetes is very high and also elderly people. So not everyone is the same. You know, I I and I did I did use early treatment. I used one dose of Ivermectin, and the rest was vitamins, and lots and lots of fluids.

And I probably would have done better if I could get the fluids IV, because that's the number one thing you want to help detoxify. I probably would have, you know, done much, much better than I did by myself. But, yeah. So you you want people to be treated with IV fluids right away, and then, you know, make sure that their vitamin level so somebody needs to test vitamin levels, so the vitamin levels. I think Ivermectin has a really good role to play. So is hydroxychloroquine, although hydroxychloroquine has some some downside is that it takes a long time to get up to the steady state for it, and not everybody can tolerate it as well. So, you know, there are there are these and these were known from the start. So that's the reason I never worried about COVID is because in March, April, there were studies came out of France saying hydroxychloroquine works, and these vitamins also work. And I was like, oh, okay. Great.

That's that's treatable, so no worries. You know? But the the people should have access. Euric makes a good point. I I agree with you. There should be medical freedom. There should be freedom to practice as you want, with that repercussion outside of stupid guidelines and government protocols and licensing boards. 100% I agree with that. What I

wanna ask is, you, Euric, one of the listeners has put up in a chat, what is this early treatment for? Is it for poisoning?

Or is it for viral infection? Poisoning, yeah. So it's for poisoning. So you're boosting you're boosting your immune system. The it's not a viral infection, but you need to help your body clear the whatever the toxin is.

And there there was also in this toxin, there was about I think doctor Chetty was reporting on that early on. There was about 10, 15% rate of people getting huge allergic reactions. So whatever whatever chemicals were in that thing, and and there were probably also different types of poisons deployed. But there were some significant percentage of people getting huge allergic reaction, which could be deadly depending on how how big it is. And so you need steroids, for example, for that.

So steroids were showing really, excellent efficacy. So you want to calm down your immune system. You want to, prevent these huge allergic reactions. Yes. It's a treatment for poisoning.

I mean, I I I'm also, like, shocked at how many people are, like and that's probably because of that no no virus cult, that we've discussed, the online bots that have been spun up, that they go berserk when you mention chemical poisoning. They're like, it doesn't exist. And I look, it's only the most ancient way of poisoning. Okay? And and it's it's not you your your house is full of chemicals that you can poison yourself with.

And they're specifically, like, in in child safe containers. Why? Because they're chemicals, and you can get poisoned. And, yes, there's a whole bunch of treatments that you can do to detoxify and and help with poisoning or allergic reactions. Yeah.

Yeah. Yeah. No. I get that.

I mean, for a lot of poisons, there's things like chelating agents and everything. As the whole point is to to extract extract the poison out of

your body, bind it to something so that it can then be excreted or secreted or something. Yeah. Your your body is gonna do it itself, but it may or may not be depending on your own vulnerabilities. It may need help.

So you you just help your own system. Whatever works to help your system do its thing is a good thing. You know? Okay. So now we've done that.

Let's come to this vaccine business. As they call it a vaccine, it's unlike any vaccine that we've ever known. I've come to the conclusion that all vaccines are toxins and poisons and part of that whole virology lie. But now they've they've rebranded Well, let me let me let me just address one thing. So people are, confused about Ivermectin.

The reason Ivermectin works for COVID is because it temporarily boosts your native bifida bacteria in the gut. Part of the poisoning by COVID and also poisoning by vaccines, and I think they're very, very analogous matter, it's just distributed in a different way, It destroys your microbiome. We have good bacteria living in our gut that is responsible for everything. Our metabolism, insulin cycle, our neurotransmitters, they make our neurotransmitters. Almost everything is driven off of the microbiome. Whatever COVID poisoning agent was destroys microbiome, so do vaccines. So, Sabine Hazen published great papers, and she's been suppressed like crazy, showing that people who had low bifidobacteria levels were susceptible to getting COVID, and people in the same household who had high bifidobacteria levels were not. And that explains why children are less susceptible to COVID than adults or older adults because bifidobacteria dies over time. And ivermectin boosts your bifida bacteria temporarily. It doesn't cure it.

You still have to work on it. It takes years to restore, but it helps your system clear itself because you have this boost. By the way, they it's a legal

dopant for horses before races for the same reason. They get a boost of bifida bacteria, and they feel so much better. Wow.

Wow. Do you know what? I I totally get the the importance of your gut biome and and your biome in general. I mean, this idea that these all bacteria are evil, and we need this war. The war on drugs, the war on on, you know, the the forever war, the war on terrorism, the war on, you know, bacteria, the germ war, the war on viruses.

All these wars, you know, I think it's really funny, isn't it? They all have something in common. This invisible enemy that that profits the cabal and also results in less freedom for us. No, the biome is definitely important and you're right. Serotonin, dopamine, over 50% of what we have in our bodies comes from them.

They're inherently important for our immune system. And it's really funny, you know, Andrew Wakefield got into trouble when he was researching way back in 19 nineties, when he published, you know, the problem with this regressive development. And people had GI symptoms. So people were getting the MMR vaccines, and it was affecting their gut. They were getting problems in the gut.

And and it comes back to what you're just saying. You know? It does affect your gut. And and there is a lot of GI symptoms. Sorry, autism? Yeah, autism is destruction. Autism is destruction of microbiome in children, and it's it's cruel. It's evil. These these kids are in humongous pain. They're often bent over over their stomach.

They can't straighten up. Their stomach gets distended. They can't make neurotransmitters anymore, and that's how they lose humanity in them because they can't they can't communicate. And so, this is incredibly evil, and all of the vaccines are poisons. It's a systematic poisoning, and it's

destruction of microbiome, and it's destruction of human, because we are a forest.

Our gut is actually a surface. We're folded over it, and we grow all these species. And if you kill it, that's it. That's waste wasteland now. It's not a human anymore.

Yeah. No. No. I that's a great great analogy. Have you ever come across, Natasha Campbell McBride?

I don't know. I may have heard the name, but I don't I don't think I've followed. You would love her. So she doesn't sound like it, but she's actually Russian. She married a Brit and moved to the UK.

I don't know her Russian name but Natasha is, in Russian. She was a doctor. She came over to the UK and, her one of her children, one of her sons had autism and way back in the early 2000s she was like what is going on?' and I'm a doctor, I should know, I should know how to treat this. No one had the answers, no one knew what to do. She came up with the GAPS diet.

And, and it's incredible. There's GAPS diet now. She'd written a book on it and it's read by 1,000,000 around the world. And and there's GAPS practitioners. And she reversed her son's autism.

And what she says is the earlier you get in there, you can overcome the autism. Like, obviously, if you come late and it's very severe, you might improve the symptoms, but you might not, you know, reverse it. But if you get in there early, especially if it's mild, you can totally reverse autism with this gap sign. And I and and, again, it comes back to the gut. Gut biome, what you eat, and what you feed.

The gut yeah. It's it's the gut health, and it's very hard Well, yes. So if it's a mild and you get you address it early and it's addressable, it's it's people should definitely, read about that and try that. And I've heard many cases

of people, you know, getting huge improvements, with their children using that. And that's why, like, raw milk, for example, is very, very important. And, but when it's very severe, it's it's extremely hard. So, again, Sabine Hayes and I I recommend everyone to follow her work and read her publications on her website because she's being suppressed like crazy because she is right over the target on this. And this is this is what and she shows what gets destroyed by vaccines. Mhmm. And and it's it's it's absolutely cruel.

It's cruel destruction of of children. So I did a podcast with her, and the audio on her side was so bad. And I tried for months to try and fix it, and I haven't been able to fix it. And it's still there. And I'm still, like, tinkering occasionally thinking, how can I and I'm I need to reach out to her and say, like, can we please do it again?

And this time, can you please have a better setup? But because the audio is just awful. Like, you can barely make out what she's saying. And it's a real shame because it was a fantastic podcast. And she talked about the gut problems and what she found exactly what you're just talking about and the correlation.

But yeah. Yeah. If anyone doesn't know Sabine Hassan, you should look her up. She's a good egg. So now let's go on to these countermeasures. You know, I still can't get my head around it. But in your substack, you talked about it beautifully. I mean, ultimately, the cabal have used government agencies to basically, what, make war on the on humans? And and the way they do this is what? Basically, you know, where are we? This is not it's not this one. It's I need to go back a bit. I think it was, this one. You talk about they they take over DARPA, they use the public health emergencies. So they've used these public health emergencies to basically override and suspend the constitution and let the executive

branch, so not the to usurp the power and muter the legislative and judicial branches of government.

And I guess, like, in the UK it'd be a very similar kind of thing as well because you didn't have parliament voting for anything. The cabinet decided everything and the government and the prime minister just, you know, just said these are the rules. But in America, because everything's driven from America, they use these acts and laws, like prep acts, to deploy the bio weapons, biochemical poisons, advertised as vaccines. So is this what you mean? They're waging war on us.

And when they mean countermeasures and everything, it's actually just BS. Basically, what they're doing is waging war on their own population. Is this what's going on? Yes. Exactly.

And while, you know, again, people are saying, well, but so many people can't be in on the on the Yes. On this. Right? But they're they're not the the way all of this is set up, and this is thanks to Katherine Watt, my friend who, you know, she writes on Substack, Baileywick News. She traced all these laws, that go back decades.

So decades over time, the the military complex, military industrial complex, pushed through congress these laws. And our congresses, you know, they're they've been able for a long time. They just sign into these humongous 2 1000, 4000 page bill, and nobody ever reads it, what's in it. And this is how they push through all these amendments and new laws. They started fear mongering right after 9:11 with anthrax letters and shook down congress to start to start the ball rolling on these biodefense laws, by simply send sending chemical poisoning agent in the letters to to congresspeople who are resisting this.

Just simple mafia shakedown, you know, nothing nothing too special. And then since then, the train has been rolling on these laws. So, the laws have been amended and new ones have been introduced such that we have this now what what she characterizes as a perfect legal cage in which nobody needs to be in on anything, and no real corruption is really necessary. Because, for practical purposes, homicide, as long as it's committed with the vaccine approved by CDC, is legal. That that's that's the net effect of these laws.

So, the combination of, public health emergency declaration, use of EUA countermeasures, which only exist under active public health emergency declaration, which is PREP Act declaration issued by HHS secretary. So as long as they use those, they can kill and injure as many people as they want, and they can never be prosecuted because they've given almost blanket liability protection with this PREP Act, with exception of willful misconduct. And the way willful misconduct is defined by the perpetrators, by the HHS, in their legal opinion letters published on their website. It says that as long as you follow our orders, it's not a it's not a willful misconduct. In fact, they are prosecuting people for not following HHS orders, for not using remdesivir that shuts down kidneys and, kills people, for not using ventilators, for for, you know, for not doing all those atrocities. If they refuse, they get prosecuted. But if they don't refuse it, they follow the orders, it's not a willful misconduct, and you can't really prosecute it. It's it's very, very hard. Nobody so far has made any success, even though there are some pending cases that challenge Prep Act, maybe 1 or 2 cases, that I'm I'm aware of, nobody has made any progress because the way this is all designed is mutually reinforcing. They have multiple ways of it of doing the same thing, and it all comes back to national security and, you know, military, and everybody just gives up, and the and the judges are, like, kicking out cases out of their court, and nothing goes forward.

Okay. So so that's how that's how they did it. It's a it's a legal cage. And these EUA countermeasures, which is all these COVID vaccines, therapeutics, the COVID murder protocol, all the propaganda, all the line, everything is COVID countermeasure. So the the but for specifically for vaccines, EUA countermeasures can never be approved for pharmaceuticals.

They're they're legally non investigational chemical. Non investigational chemical cannot be investigated in clinical trials because it's non investigational. So clinical trials are not possible for these products. Informed consent is not possible for these products. And so they are telling you, we are making weapons.

We're just calling it, you know, EUA countermeasure, and we're coming up with a whole bunch of lies to convince you it's medicine. But you're a target. You're a military target. Wow. Hold on one second.

Just repeat that for a second because you said it's non investigational. Why is it non investigational? What makes it non investigational? It says so in Food and Drugs and Cosmetics Act. It has a whole chapter on this, separate chapter from everything, and it says very, you know, in black and white, EUA countermeasures cannot constitute clinical investigation.

It's a non investigational class of product. So what they did is they they so and and and I even have internal PowerPoint from FDA lawyers discussing this, you know, in 2020, and they're saying, we came up we we needed this new section of Food and Drugs and Cosmetics Act because, otherwise, if we didn't have this noninvestigational status and everything else related, we would have been violating Food and Drugs and Cosmetics Act. Right? So we wanted to violate it, but we couldn't legally until we have that chapter. Now we have it.

We're all good. Wow. So they don't have to so it's non investigational, this countermeasure business. It sounded like you said EU before Emergency use emergency use countermeasure measures up. Use yeah.

They're they're called emergency use authorized countermeasures. So EUA, this is the, I think it's it's paragraph 564, if I if I remember correctly, of Food and Drugs and Cosmetics Act. So it's a whole separate section on EUA. And EUA can only be issued if there is a current Prep Act declaration from HHS secretary, which is, its equivalent of health minister in the UK. And this guy, at the time, it was Alex Azer, now it's Javier Bisera in the US. So he decides by himself, on his own opinion, whether we have a pandemic or not. That's what our mutual friend defends very valiantly, that ability of Javier Becerra to say we have a pandemic. Pandemics are declared. Javier Becerra declares them. And so he declares them based on no data. He does not have to provide any justification, any data, no, you know, mortality or spread or economic impact. None of that. He just has to write a memo saying, I believe there is a pandemic, or even better, I believe there is a potential for a pandemic. That's why we have Ebola and Marburg pandemics ongoing right now in the United States because he said so. That's how pandemics are declared.

I know. Our friends Absolute BS. And they all and they and they and and this whole enterprise this whole enterprise will defend this castle. They will concede to many things. They may even ultimately throw Pfizer under the bus, but this castle, they will preserve forever.

They will scream, oh, it's Peter Marks. You know, he's bad, or Fauci bad. Replace Fauci with another saying, and replace Peter Marks with somebody else, but they will preserve these laws and this ability to declare pandemics based on bullshit, nothing, whatever they feel like, and deploy biological weapons, because that's their business. Can you just say that bit again

about the EU countermeasures and why you don't need, informed consent, and you don't need studies, and you don't need to do all that, and who the target is. Can you just say that bit again?

Yeah. So so EUA countermeasures, I have a whole presentation on this, and I also published on my Substack. There there are different pathways. It's called regulatory pathways by which products get on the market, regulated pharmaceuticals and medical devices. So if you look at the pharmaceuticals, the historical, so there are, like, we can say 3 lanes by which they can get to the market, and they're all mutually exclusive.

So the the one is traditional one everybody knows, which is, you know, you apply for you go to the FDA because FDA prohibits trade of unapproved medicines in interstate commerce. So you go to the FDA and you apply for exemption from that prohibition because you're going to do clinical trials. And once you do that, it's called investigational new drug exemption, IND. First word is investigational because you are declaring that you're now going to do lawful investigation in humans, clinical investigation in humans. And now you're bound by the entire Food and Drugs and Cosmetics Act as it relates to pharmaceutical regulation.

You're supposed to be following good manufacturing practices, good clinical practices, good distribution practices. You're supposed to be auditable. You're supposed to be you know, following ethical laws. You're supposed to apply to institutional review board with your protocol. They need to approve it for ethics and for benefit to your subject.

Protections, all kinds of protections of human subjects apply to you. You have to provide full informed consent, and you're liable if you violated any of that. Okay? So that's the normal investigational approach. Then, there's there's a there's a derivative of it, which was introduced in, like, as this is a second lane, introduced in late nineties, which says, expanded access use.

Expanded access use was also referred to colloquially as emergency use for many, many years. That's why people got confused with this. It's also investigational process. You're supposed to do all of that that I just described, apply to ARB, and so forth, except now you can give your medication to people who are not formally enrolled in clinical trial, and it's typically for terminally ill people who can participate in clinical trials. Okay. So that that's it. That's the investigational 2 investigational lanes that you have. Mhmm. And then they introduce a third one, which is called emergency use countermeasure under public health emergency. And that only exists, as I described, in this case of public health emergency. That's why they needed public health emergency. But that lane makes everything that's illegal for a pharmaceutical, product now fully legal. That's why I said, you know, those lawyers were saying if we didn't have this chapter, we would be violating Food and Drug and Cosmetics Act. And because it violates, fully violates everything in Food and Drug and Cosmetics Act, and it justifies it by it's an emergency. It's a countermeasure. It's emergency use. Okay? And so they're also on in the law in the US law, it says that these products can be fully adulterated, misbranded, and they and they will never be prosecuted for this. They're allowed to be adulterated and misbranded. Frank.

And there is no informed consent. There's no informed consent. They made informed consent irrelevant and moot. I mean, they made it, an incoherent concept because what it says in, in relation to EUA countermeasures, the Congress said, well, you need to inform the subjects. And they said, sure. Yeah. We will inform the subject of all known risks and benefits. However, because we've precluded now investigation human investigation in these things, you can never assemble that evidence to inform somebody. So they're saying, yeah, we'll tell you, if ever since you would know, but we're

going to prevent the collection of that information in the first place. Oh, shit.

This is fracking That explains to you the behavior yeah. It explains to you the behavior of all the regulatory regulatory agencies all over the world that, blatantly ignore data about adulteration of these products with DNA plasmids, but all other things like metals and different, structures in there floating and, you know, whatever. So they they know all this, and they ignore it. And they say, yeah. But it's not a problem.

It's still risk benefits still justifies it. Why? Because of the what I just described. It's fracking sick. You know what?

I'm really fracking angry. I really am. You know, we've got over here in the UK, we've got something called the General Medical Council. And for so many years, I used to think it was run by doctors for the benefit of doctors and for the benefit of patients. They issued guidelines on good medical practice and how to be a good doctor.

And they talk about medical ethics and informed consent. And I fricking hate them. And now I realize there's only a handful of doctors in this organization. Most of whom are lawyers, civil servants. It's an arm of the government.

It's an institution that's designed to censor and neuter any doctor who questions what's going on. And where the frack were they when, you know, medical ethics were being destroyed in the last few years? Informed consent, bodily autonomy, no malfeasance. You know, all of these things, you know, where the frac where are they? They were zip silent, and anyone who spoke out, they came down on them.

And I know, I'm on the receiving end of it. You know, I don't know if you know this, Sasha, I'm not practicing anymore. I had to voluntarily Oh, yeah. Yeah. Uh-huh.

I handed in my license. I'll give you an reason why. I was visiting my farmer to get some meat this morning. And he said, why why are you not working anymore? I said, imagine, you know, he's a he's a beef farmer.

I said, imagine I took 80% of your cattle and land away. He went, that would destroy me. I went, then imagine I took 15% of what you had left. The remaining 15% I took away as well. Cattle and land.

And effectively, you've got no land and no cattle. He said, I'm not a farmer anymore. I said, but then imagine you have to, you know, apply to all these farming regulations and agricultural, you know, review boards, and you have to pay them money, and they can come and inspect your farm, your non existent farm. And they can fine you if you're in breach of whatever. He said, fuck that.

I would just give in my whole freaking license. I went, well, that's me then. That's me. What use is a farmer who doesn't have a farm? What use is a surgeon who doesn't have a hospital or an operating theatre? So that's why I handed him my license. And he was like, oh shit. I was like, yeah, oh shit. And, you know, Sasha, the only thing that's changed between this now and last year, is I fucking went public. I went, these these vaccines, these experiments are causing problems.

We need to investigate this. We need to look into what's happening, clots, neurological problems, you know, myocarditis, heart attacks. My colleague's telling me they're seeing something but too scared to say anything. And instead of the hospitals coming to me and saying, oh, you're you're concerned? You know, we've seen this video.

It's gone viral. 1,000,000 people have seen it. What are you seeing? We'll investigate it. Or the general medical council.

Ahmed, we're here to protect the patient, the public. Tell me, what is it you're seeing? No. Not a zip. And the opposite, they told me to shut up and

never tweet on this ever again.

Otherwise, they would take my my practice away, and they've done it. Uhhuh. Yeah. It's it's sick. It's sick.

And I I mean, I I spoke up freely because I'm not well, like, good good news. I'm not licensed. I'm not, you know, I don't have any scientific degree, you know, like publishing, like a PhD, you know, I don't care about that. I already retired by the time I started, so I was like, well, I I have to speak about this. And and they can't do anything other than, well, what's going on right now?

A whole bunch of smears, including by our mutual friend who who goes and tweet right after interview with you, he got so triggered that he tweeted that, oh, you know, that my husband is connected to WIFF. And I was like, what? It's a lie. He's lying. So how desperate do you have to be to start lying like this?

And he's not the only one. Like like, I've had, over the past several months, I had smears on me, my husband, my daughter. They came after my daughter. My professional colleagues from years ago, because they can't argue with me. They they they know I'm telling the truth.

I'm pointing at a really important evidence. And instead of, you know, when you know, just try to debate it, no. What they what they have to do is they have to smear me. And there's, like, a there's, like, several several groups of so called freedom fighters are now at it, writing smears about me. Yeah. Unbelievable. Unbelievable. So, I was gonna say, you know, how do you destroy someone's reputation? I'll tell you how you destroy someone's reputation. It's basically you discredit them, you smear them, you spread lies about them, you insult them, and and so much more.

So, you know, and and it's it's really cheap tactics. Unfortunately, a lot of it works. You just repeat a lie often enough, you know, and it, you know, it's

and then people fall for it and believe it. I mean, but look, just between you and me right now, I may admit that you're related to Putin, aren't you? Aren't you his second cousin or something?

Isn't that aren't you? Yeah. He gave me a bear. I have a pet bear from Putin. You got a pet bear?

I love it. I got a pet bear. It's very nice. Putin's a great guy. I mean, I mean, I mean, it's just ridiculous.

I mean, the fact that anybody can attack you, I just think is hilarious. You know? I mean, it just goes Yeah. They do. And and then But it shows how desperate they are.

Yeah. And it's it's the way to tell, it's they they run these Internet mobs of anonymous trolls. It's posted on Substack and on Twitter. On Substack, it's it's a little bit more controllable. Twitter, I don't use much.

I only can use it on my laptop, and it's so stupid, really. So I mostly concentrate on Substack. And but you can tell. And I and I've and I noticed this, and I actually, like, studied this phenomenon and what narratives they say. Not just about me, but, like, in general.

This is how you identify very important narratives. And so and I and I noticed they they spin up spin up these anonymous bots. They even brand themselves with the same logo, and they just they're just nasty trolls. And they're just designed for for this, for smears. So then they produce this whole bunch of content.

So if anybody searches, they're they're gonna come up with a whole bunch of lies about me and and personal they're just personal attacks. Evil. At home in him. And, like, yeah. And and and, unfortunately, named people who are in so called freedom community are engaged in this too. I'm really I'm really upset about that. It's just, you know, honestly, I've I

know you work closely with Catherine Watts, and, you know, you you kindly

did an introduction. I'm gonna email her back and get her on the show, because she's wonderful, like you said. I I tend to be quite independent. I don't wanna be affiliated with any groups.

I don't want to get into attacks and I get accused of all loads of garbage as well, and it really kind of frustrates me. And, you know, because, you know, at the end of the day, you're trying so hard to spread the truth and help humanity. And then you get accused of exactly what you're trying to destroy and you think, come on, man. Come on. Give me a break. But anyway, let's move on. Can I just ask about these vaccines, these bioweapon countermeasures? If it's all about money and control and fear, I mean, they could have just made some kind of watery placebo and just made their money and their big buck and just kept doing it. What is this vaccine business? I mean, you speak to some people like Dolores Cahill and she says 30, 40% of it is complete, placebo, saline.

Then they've got they've experimented with different dosages and different, chemical constituents to see what what happens. And you talk to some people and they say there's hot batches. Then some people say there's no such thing as hot batches. And then you hear people say that it's depopulation. But then if it's depopulation, I know there's a slight increase in, all cause mortality, but places like Switzerland, they haven't had any increase in all cause mortality.

So if it's really a lethal depopulation tool, I mean, it doesn't really look like it. And it'd be really stupid to kill everybody straight away because people would realize what's going on. Is it a time shift thing that some people get things, you know, at different time rates? Is it just relatively in there? Is it toxic?

I mean, what the hell is going on there? Well, I mean, I I can't probably address all of this. But as far as whether they are lethal and toxic and they

cause excess mortality, yes, absolutely. The data shows it, and I don't know when when you last looked at it, but it's horrible. The data is horrible right now.

The there was excess mortality in the US. I don't know if even if that even came back to, negative, up until now. I haven't I haven't checked in the last couple of months, but all through 2021 was huge excess mortality all throughout. Usually, you have excess mortality in in the winter, and it goes negative. And so it kinda, like, oscillates around 0.

And then you have normal normal, you know, older people tend to die around late winter, early spring. There's, like, a bump, and then, you know so that's normal oscillation. Right? It was it went up, never came down for 21, 22, 23. It was still up.

It was still I mean, it's lower as far as but it's still not negative. So it never came to negative, which means it's continuous sustained excess mortality. The cancer rates, actually change the slope. They're skyrocketing. When you change the slope on the population, basis, it's huge.

It's, I mean, I don't know. They're saying, like, 12 sigma event. And, you know, so it's definitely definitely a tool to kill many, many people. And they made it so that, you know, it's not immediately I don't feel so like, it's it's delayed effect, delayed effect, sort of destruction of, immune system and causing cancer. And as I said, it's destruction of microbiome.

Once you destroy microbiome, it's it's also variable, and I'll address that. But in general, it's you destroy microbiome because now you have these toxic substances killing off your good bacteria in the gut. There's overgrowth of bad. In addition to that, your E. Coli cells can also pick up things like plasmids, like, you know, which Kevin McCarron identified in every vial that he tested, which means that they're everywhere.

So they can pick up the plasmids, this E. Coli your your E. Coli cells, and start replicating them. And that replication, so the integration into biome, not integration into genome, which is less likely, but integration into bio is extremely easy. And then they stay there.

They can just they can stay there in perpetuity. It depends on, on the person. So and that's how people can shed now, toxic things into the into the environment, into to others. So, anyway, so that so, definitely, it's a kill off tool. But, you know, ingenious kill off tool that kills at the distance of space and time, so it's deniable.

And this is what they're they're doing. Right? So but as far as as far as variability, yes, I was the first person who published on batch variability analysis, and and I did this in the fall of 2021 when enough data was available in Bayer's. You know, so I published 1st in the UK. Actually, Mike Eadhen helped me put it into the expose.

You know? And then from there, it got picked up, you know, by a bunch of places here in the US. So, so that, I showed that at at that time, there was a clear evidence that these products were not good manufacturing practice compliant, that they were adulterated products, because the batch variability was ginormous. In addition to just having huge numbers of adverse events and deaths overall, it was also batch to batch. It was hugely variable.

Some batches were causing, only, you know, a handful of of adverse events and deaths, and some had thousands of adverse events and deaths. And that was never explained by any demographic data. Although, again, a whole bunch of people deny deny deny. No. This is not happening. But statistics were clear. The the this variability was never explained by demographics, by things like age. Age does not explain it. It explains only about 20, 30 percent of this phenomenon. The rest is not explained by age.

And, you know, any other demographic factor you apply to this doesn't explain it. So clearly, the contents were variable such that, I mean, you you know, defacto, they were different formulations. But in practice, you could achieve that by just, as I said, the biologics manufacturing process is extremely uncontrolled and it's probabilistic. So just probabilistic process on a large scale can produce it without you intending to make different formulations. They'll just come out different.

Now as far as placebos, there were never placebos there. There were never true placebos. So, I am aware of thousands of direct vial tests all over the world. Nobody has ever reported finding a true placebo, so they don't exist. If if there were true placebo batches, we would have found one vial by now, but we haven't.

Mhmm. And what we do find is, like, what Kevin was found is that the plasma DNA is in every vial, which to me says it's not a contaminant, it's intentional. It's intentional because they wanted to transfect it. So so the DNA plasmids are the are the transfectant, and known transfectant for you. It's used as a transfectant to create, like, knockout mice, breeds in for the lab purposes.

And the the so they wanted to inject everyone with plasma DNA, but that wouldn't have flown because the scientific community would have walked and said, what what are you doing? You're gonna, like, just transfect us all? So what they do, they come up with a story about mRNA, and they, you know, jam every every vial with plasmid DNA. It's a Trojan horse. So they intended to put the the plasma DNAs out there, but but pretended it's all this mRNA story.

You know? Devious motherfrackers. Right? So Mhmm. I mean, ultimately, it is what it is.

It's gene editing technology. It's not a vaccine. It's not it's gene editing technology. And and it's toxic. It's gene editing.

So And the LNP, that's toxic. Protein's toxic. There's all these toxic things that affect your immune system. And they I like what you said, in space and time, it's variability so that you have this plausible deniability. And and doctors, fracking doctors, they're gaslighting patients left, right, and center. So not only did they not defend medical ethics, not defend their patients, not protect pregnant women, children, and humanity. They're now like, oh, you got this strange blood cancer, and you've had myocarditis, and you've got these weird things. And, yeah, we don't know what it is. Is it the is it the shot? No.

No. It's definitely not the shot. No. No. No.

Don't worry. It's not the shot. It's definitely not the shot. No. No.

No. Yeah. Oh, no. No. No.

No. Yeah. They they now now they have this, you know, long COVID. Millions of people are suffering from long COVID. Well, long COVID, that's vaccine injury.

You know? Because their immune system is not not there anymore. They have, you know, v eight. And that that's and that's and they're and they're whitewashing it. They even now created I'm going to publish on this soon. Substack is screwing with my ability to publish also. But I've written an article on this. So, for example, Johns Hopkins, is now now has a program for k through 12 schoolchildren to brainwash them on topics like long COVID, and they're assigning medical students and graduates in public health to be the brainwashers, of children in k through 12 programs through these educational programs on, you know, public health and COVID. And, specifically, there are, like, series of seminars on long COVID. So, they're going after children with this propaganda.

This is nonsense propaganda. Absolute nonsense propaganda. Now, look, before I move on to the last topic, let's have a glimmer of hope. I believe the human body is incredibly resistant resilient. We are made by a creator. We are beautiful creatures. And, you know, we're only scratching the surface of knowledge. Like you said, we're beings of magnet, light, electricity. We're just incredible. The body can look through and look at these genes and spike proteins and vaccines and so on.

It can detox. It can know, if you do autophagy, if you do intermittent fasting, if you sleep properly, if you do everything well, if you eat proper food, nutritious food and feed the biome. Cause ultimately your biome and the diversity tale diversity of it is only as good as what you put in and how diverse your food is. So you put in good, healthy, wholesome, seasonal food, then your gut gut biome will recover. But the and the gut biome, you know, kind of turnover is like 24 hours.

I mean, these guys don't last very long. So, you know, if you fast Mhmm. Put in some long fast. Yep. I think I think, you know, you know, even if you've been vaccine, you know, injected, you can live a healthy, normal life and your body will get rid of all this crap.

Am I just and, you know, being ridiculously hopeful? That's that's my belief also. I think I think most people can do well. Most people can detox from this, and, over time, naturally, you know, don't go crazy. But, you know, most people can get rid of it because, yes, the the body is made beautifully. The body is made in such a great way that no matter what these what these Satanists really are are trying to push on you, your design is so perfect it will blow your mind what you can do. And, the yes, proper nutrition, managing your stress, hydration. Hydration is extremely important. So proper hydration with electrolytes, vitamin C, vitamin D, ideally, all of this from natural sources. I, I basically eat, like, 2 lemons a day.

I have, like, great Meyer lemons. And so I, you know, do, like, lemon juice and water, like, and consume 2 lemons a day. And I'm always in the sun. I live at high altitude. I'm going skiing right after this.

I exercise daily outdoors. I don't wear sunscreen unless I'm above the tree line. And, you know, so you need to get all that into your body image. And, yes, fasting, intermittent fasting. And you give your body the ability to detox, to turn over your cells quickly.

And so that's those are the basic principles. So, yeah, rest, exercise, hydration, proper nutrition, and exposure to, you know, be outdoors. Yeah. I did a podcast with Jack Cruz. Yeah.

I did a podcast with Jack Cruz, and I don't know if you know him, but he's coming out today, and he talks about light. He talks about get out in sunlight. Not even like, even the glass stops the UV light. And he describes it beautifully, Sasha. You know, he's like you, he's really good with words. He talks about us being we are solar powered electrical beings. On that on that, Oneth, you have a soul. Right? What is soul? So I, sun.

You have a little sun in you Yeah. And you emit life. Yes. You are part of the sun. You're fed by the sun.

You have to be with the that's how you recharge. You actually get majority of your energy from the sun and water. And and then only tertiary to that is food. So once you realize that, that that leads you to understand this whole energy balance and and how you can actually do fasting and not feel like you're starving and not even lose weight. Yeah.

So I I have one meal a day. I I try and reduce screen time as much as possible. I'm gonna get my blue blocker glasses. I'm gonna try and spend as much time outside. My kids are still playing outside.

They don't watch much TV. And I went outside and did grounding today, walked all over my backyard with all the chicken poop. I don't care. Like,

you know, I just want to be outside and just, you know? And this is how we fight back.

And part of it is not to get depressed and too anxious. At the end of the day, you turn off the TV. You ignore what these people are saying and doing. And don't take their shit. And don't comply.

And you'll be fine. Now one last topic. Absolutely. You did a sub tack on the moderna increased manufacturing capacity I find that terrifying you know what the hell because you did a great point you said they wouldn't be creating such massive capacity Australia Canada UK Japan, you know around the world. 1, unless they said guarantee I think you mentioned in Japan they said we'll build a facility, but on the guarantee that, you know, we'll get, you know, yes, here we go.

Japan pending vaccine deal. So that to me means if they're pending with the vaccine deal, that means everywhere else they must have already got that. So they've got this Yes. In the UK, in Canada, in Australia, in America, they've got these vaccine deals with the government. They've agreed with the government they're gonna dish out these dosages.

And when we're looking at the dosages, we're talking about a lot. We're talking about 1,000,000, a 100,000,000 dosages in Australia. Now the population there's 40,000,000. So that's 2 and a half dosages for every person on that in that country. So, one, they've got these guaranteed contracts.

And then for what? What the frac are they gonna injecting us with? Find it quite scary. So they are yeah. Moderna, you have to remember, it's a government, it's US government company.

It's a military company. It was started by DARPA. And, the CDC So all the all these government agencies and government officials personally hold,

financial stakes in this company. So it's completely government operated company. It also doesn't make most of what they're, you know, producing. It's made by them by this other gigantic behemoth biotechnology company that nobody knows about. It's called Resilience. And that one is has ties to the military and the CIA and Scott Gottlieb, who used to be FDA Commissioner, is on their board, and they're manufacturing everything. Okay? So so it's basically US government, and military going via pretend private company front to other governments of the world and somehow forcing them into these guaranteed deals of buying these vaccines. I don't know what they what they have over over them, what blackmail or other. Obviously, Japan is still kind of resisting, and they're but they're saying pending government deal. They're probably gonna, you know, railroad them into this somehow. And so it's US government and military forcing all these other countries. Are we talking about this company? Yes. Resilience. Yes. This one. And, the so the if you, like, examine the board and ties, I think, Whitney Webb wrote wrote about it, and a number of other people wrote about it.

Actually, I published on this, and I'll publish again. You know, there's a a guy there's, like, a Twitter feed and thread where people, like, went through all the all the connections. But yes. So this is a humongous manufacturing place. They bought facilities from Sanofi and from Roche and other pharmaceutical companies in the Bay Area and in Massachusetts, and other places.

And they're just pumping this poison without any regulations. Oh, by the way, Scott Gottlieb conveniently removed the requirement to inspect biologics facilities since 2019. So, there's no requirement to inspect biologics facilities by the FDA inspectors anymore. And he made sure of

that before he left, FDA and joined the board of this company. So I can't see him on the board.

I can't see him on the board. Oh, no. Yes. He is. No.

He is. I'm sorry. I'm sorry. I missed him. I missed him.

I'll show you. There there he is. Mhmm. This, Scott Gottlieb. Right.

MD, one of my own. Carrie. Here we are. You know? Mhmm.

Oh my god. Yeah. They have other extensive ties to, like, CIA and other yeah. God, I hate doctors, though. I hate I hate doctor Sasha.

I'm sorry. Oh, yeah. He's a he's a fake doctor. He's yeah. Anyway, so that's that's how it is.

So that so it means that the US government is forcing these other governments. Now, maybe they're not forcing, maybe they're all just working for the rulers, some, you know, some other rulers. Maybe that's the Rockefellers and whoever and Bill Gates. I don't know. Maybe they are the rulers.

But you have to roll after the criminal mafia before you get to the top. And what we have right now visible is this, is this layer. So they're the ones who so when they say they're opening up Moderna manufacturing facilities, is it not Moderna that they're doing part is it or is it resilience? I mean, I I get I'm a bit confused. Yeah.

So, like, in those press releases, you will see they, I think they're Moderna facilities, but they probably have local parts. So they they all have, like, different names. And I don't know, like, how the ownership is set up, but it's probably a I I would suspect that the government's also pointing up some money to build this biomanufacturing facility because that's that's the norm. Basically, when a large manufacturer wants to come in into the state or country, they negotiate with local government some some scheme that

government incentivizes them because usually it's just, you know, oh, I create jobs, I create economy, you will collect taxes. So it's a negotiation. And I'm sure, in this case as well, they get some government funding to open these facilities as well. I mean, look at this, Sasha. The UK government press release, right? So this isn't some conspiracy theory, it's on the website. UK cements 10 year partnership with Moderna.

We are partnership. Partnership is a very important word. That means you are a partner. You are involved in this venture. So money's gonna be involved in changing, exchanging hands, both sides.

But the key thing that terrifies me is 250,000,000 vaccines a year. Do you know that the UK has got a population of 65,000,000? Yes. What the hell? And that's just and that's and that's just the mRNA vaccines.

Okay? Seriously. What the hell? It's just and and since then, can I mean, it's just it's just crazy? It's crazy what they are planning.

And, you know, III just find it terrifying. I mean, they would be doing this if they were very confident that they were gonna be able to inject this into people. And the funny thing is here in the UK Yeah. In the UK, you know, no one had to pay for any of these shots. But the UK taxpayer is paying for these shots.

So we we, the victims of this, the ones who are being poisoned and killed and murdered and maimed, we are paying for the luxury of this. Democide. Democide is the right word. The government and state killing its own people. I think that's what we've got now, isn't it?

Democide? Yeah. It is democide. It's it's indiscriminate killing. You know, genocide, I believe, is some sort of racially motivated, but this is this doesn't appear to be racially motivated, except it seems to be targeted at Western populations.

So it's not racial. It's more socioeconomic, and I think the ultimate goal is dismantling of the nation states and creation of some sort of a totalitarian global regime. And to dismantle nation states, you need to get rid of people who are, you know, educated, financially independent, wealthy, know their rights, can defend themselves. And so, and replace them with unwashed masses, right, that they're importing right now at lightning speed, all over the place. And, you know, so that's what they so they they're they're bringing in these waves of migrants, who are, by definition, because they're being trafficked, are dependent on their traffickers, which are the governments.

Because, you know, while everybody's screaming US border is open, actually, it's not open. It's it's tightly shut. It's just a control changed over from lawful government control to a cartel control. So, the toll operator has changed, and these people are being trafficked. They're paying their traffickers to get trafficked into the United States by combination of cartel and complicit local and federal government.

But the but there's a big market, and money is changing place, and it's not an open border. It's just a different control mechanism. Yeah. I mean That's being done everywhere in the world Yeah. Specifically to to do this humongous wave of migration and have the population that now completely dependent on their traffickers to replace the population that can fight back.

I agree. I agree 100%. You know, it's an invasion. It's an absolute invasion right underneath your noses. And, people need to wake up and it's not being racist.

I mean, look at my skin color, look at my name. Nothing look at your name. I mean, there's nothing racist about saying the fracking blatantly obvious. I mean, you know, I said to someone, you know, if I gave you the following

job Okay, Sasha, look, I'm gonna give you a job, right? Sasha, I want you to get 10,000,000 people into America over the next 3 years, and I want you to get them from 40 different countries, mainly poor Mhmm.

Developing countries. What do you need? How much money, resources, and logistics do you need for that effort? Now you will turn around and go, I need a team of 100. I need 1,000,000,000.

I mean, this isn't a small, little, amateur endeavor. This is a big deal. It's a humongous enterprise and supply chain because these people get flown on airplanes. They all swim across the Atlantic Ocean. Right?

So they get flown on airplanes. They're driven. They're organized. They're staged. They're fed.

They're closed, their staging camps. You know, it's it's a it's a it's organized activity. It's not open border and everybody just, like, walk in whenever they want. No. No.

No. You you paid the toll. And, yes, if you need to, relocate 10,000,000 people, are you going to go in to to, you know, western population in the US and say, hey, guys. Like, let's go live in Africa. I'll be like, no.

I'm happy here. I have a house. I have a job. Yeah. No.

You go to the to people who are displaced elsewhere by wars and by other by by criminality, and you say, hey, I can bring you to the UK or I can bring you to the US. Do you know what I think is Seems like a seems like a good deal. How crazy as well that during the COVID years, I couldn't go to America for 3 years and attend conferences because I wasn't fully vaccinated. But you had people coming across totally unvaccinated without any papers. What the frac?

What the frac? And now, you know, if I do wanna go to the States, I need an electronic visa, I need to pay, I need to do everything legitimately. But guess

what? You know, across the southern border of Mexico, you can just walk in without any papers, and it's all just hunky dory. It's just madness.

And it's here in the UK as well. The cartel. You just need to pay the cart you know, the UK? If you just pay the cartel, they will yeah. They'll walk you across.

You get, arrest warrant, and then you can use it as a form of ID to fly on airplanes and, you know, vote and things like that. So, you know, welcome to the brand new brave new world. I mean, is same is happening here, Sasha. I don't know if you know much about what's going on in the UK, but I noticed something really weird. Out of the blue, suddenly, you had all these fast boats fast boats crossing the channel.

Now these are big boats with big twin engines, and then they're just abandoned. They're abandoned. Like, these are 20, 30, 30, 40,000 pound boats. Right? And they're they're fast boats.

Making, yeah, they're making, like, half a1000000 a run, and they don't care about \$20,000 boat, and they can abandon it. You know? But That's right. Like Yeah. It suddenly came out of nowhere.

These fast boats. Mhmm. But it's the same. You hear about San Diego and stuff like that. These fast boats are coming in and just dumping.

It's the globalization is the same, and you realize, I of course, it's the same, because it's the same people running it everywhere. The people have said, oh, these fast boats are great, Adia. Let's do it in the channel. Let's do it in Greece, Crossing her to Greece. Let's do it in San Diego.

So, you know, it's the tell is there. This is totally engineered. There's nothing organic about this and just, oh, it's happening. No. These people are being shipped over like a military exercise.

The logistics is massive and it's criminal. And I think the reason behind it is exactly what you've just said. Destroy the nation state. Yeah. Destroy any

opposition to the authorities.

Exactly. Right. So Can we end with a positive? Is there is there any glimmer of hope? Is there any light at the end of the tunnel?

So, yeah, I I am I don't know, well, so about this mass, like, mass bringing people into the other countries. That's really concerning, and I think people need to be vocal. The local communities need to organize and be prepared to defend themselves. I mean, I'm gonna leave it there, but you have to be prepared to defend yourself, because the governments are gonna try. So the people who are bringing these people in are the governments, and they're gonna try to use them for whatever purposes.

As far as the vaccines, I I say I say just say no. They can't they cannot, I mean, they will have to use force. If everybody says no, they will they're faced with using force, and there's not enough of them. There's more of us. So that's that's my message.

You have to just don't comply. Don't comply with any of their no nonsense. Ignore their propaganda, fear mongering, turn off your throw away your TV. That's it's a useless, brainwashing box. So that's that's kind of my my positive message.

Okay. I've got a couple of more positive things. One thing I completely forgot, you talk about mRNA jabs going into livestock and your sheep and your cows and everything, your pigs. Is this actually happening, or is this all just fear mongering? Mhmm.

No. No. It's happening. So, they're, they have approved in the US well, at least the US I I don't know the status in the UK, but in the US, they have approved 1 mRNA vaccine for pigs, and there are a bunch of others. And, they already have a lot of genetic vaccines on the USDA listing. I'm gonna publish it. I've highlighted which ones are genetic, which ones

are not, and it's about a third are genetic. And, the you know, I am in the

process of testifying in in several states on this exact matter. And it's, right now, we're failing miserably. Yes.

They're pushing through these. It's the same it's the same biopharma lobby that does the human because they come from the same factories. You know, that that resilience, whatever that thing is, is going to pump out human or animal poisonous poison, you know, who cares? And, maybe that's why they're also building those factories because they say, oh, you know, and we're gonna make also everything for for your cattle. Their fear mongering with things like so for example and and it it's ridiculous stuff that they come up with.

So for example, the the Farm Bureau, which is a NGO, Farm Bureau is like a it's a mafia cartel pretending to represent farmers in local different jurisdictions. So, 1 in in one state came up with this nonsense saying, if we don't have, vaccination, mRNA vaccination mandates for for animals without exemptions, then we will not be able to export meat because of foot and mouse disease and, African swine fever. And and they and they just go with, like, straight face like this. And I go on the USDA website, there are no vaccines for food and mouse disease and no vaccines for African swine fever approved anywhere, and USDA recommends normal measures for these diseases, and they're also saying it's not an issue in the US. US meat is considered very, very, very low probability for this. And, you know, here are different measures that you can do, like sanitation, isolation, blah blah, tracking. So and this and Farm Bureau goes into the Senate and says the stuff. Just a blatant lie. So that's why I I like people get involved. On the food on the food side, you know, it's more positive because you can go talk to your local farmers, your local food producers. You make your butcher aware of this because people who are working with these animals and processing the meat are the ones exposed to the

shedding first. So they get the ill effects of these things first. They are the targets first, and so they need to be aware. They need to say no. They need to track and understand what what the animals are being injected with. So I had, a vet on I haven't published a podcast yet. I'm so behind. But basically he was saying to me, oh, there's still some vaccines he believes in. And he's a natural vet. He he says he's a natural vet.

And a lot stuff he said was amazing. But where we disagreed is he's like, oh, no. There's vaccines. There's certain vaccines for certain conditions, and I recommend your pets get them. I'm in the position now where I don't trust any fracking vaccine.

I'm sorry, it's bullshit. I don't vaccinate my pets. My my my friend Roman, you know, dissolving illusions, he's made it very clear. He's coming on on Wednesday again. He said he's done a 100 pay, 100, yeah, 100 page, presentation on on how it's all bullshit, these whole vaccines, and how diseases went down before them.

So this vet is like, no, no, there's still some conditions, and I would recommend, you know, vaccines for I think bullshit. I don't think I don't trust any vaccines. Anybody who says a vaccine, I think the whole thing is bullshit. Is that your take as well? Animal vaccines, human vaccines, they're all just garbage?

It's garbage. It's a superstition. It's it's medieval level superstition, this whole vaccination business. And it's it's systematic poisoning. It used to be mild systematic poisoning, and now it's just massive.

So, don't do not vaccinate anyone, not your children, not yourself, not your animals. Forget it. It's it's just poisoning. And now, because they're converting them into this garbage technology, into this gene and microbiome destroying technology, You know, even vaccinating your your dog or your cat, they can shut on you all this crap. You know?

So because, like, the the rabies, there's one on USDA list of 1 rabies vaccine that's gonna be mRNA. And I'm like, nope, nope, thank you. So, anyway No. I agree. Listen.

I love you even more for saying that. I mean, the funny thing is in the medical profession, I don't know how many doctors you know, but I know obviously quite a lot. The arrogance. The arrogance with which and the blind arrogance, the ignorant arrogance that they hold vaccines up as this sacred cow, that this amazing thing that is unquestionable. You cannot question it.

It is, for goodness sake, it's a, it's just a, you know, a basic fact of life and it's a, unquestionable science that we need to worship. And then you say to them, what's in a vaccine? How is the vaccine made? What are the chemicals in a vaccine? Give me one safe ingredient in a vaccine. Or anything like that. You start to they don't know nothing. They know nothing. And you know what you just said? No.

The whole thing It's not even though you know, I was in the yeah. I I also published on this. I was in here in in Utah. The same people, like, come in, and, again, pharma law is showing up, arguing against, the bill that would, like, at least label the food that, you know, animals have been vaccinated with this genetic vaccines. So they're and they're they're coming in and they're arguing, no.

FDA approved them safe and effective. And I'm like, dude, it's USDA. It's a different agent. You don't even know where to look up that information. You come into the senate floor and lying, blatantly lying in this testimony, because you don't know where to look up the information.

You just say it's safe because FDA said so. Yeah. I've lost patients for these people. They're either idiots or fools. I've lost patients.

I'm not gonna be there with an olive branch. Oh, no. You know what? I'm sorry. If you can call me a quack and you can call me an idiot, I can turn around and say you're a fracking quack.

You're a fracking medieval idiot trying to practice medicine, you know? And you're full of just professional hubris and arrogance, and it's gonna be the death of you and the whole goddamn profession. You know, pushing these dangerous substances. I'm telling you, 100 years from now we'll look back, and people will be laughing. They'll be laughing.

Oh my God, these doctors. Just to be laughing loud. Look at these morons. Yeah. Exactly.

You know, it was only That's that's my that's the optimistic. No. I am optimistic. I mean, look, look. The guy who did, you know, invented labectomy won a Nobel Prize.

Uh-huh. Have you got a headache, Sasha? -Yeah. -Can I take a bit of your brain away from you? It's a great operation.

It's safe and effective. Seems like a great idea. I mean, medics have done dumb shit for 100 of years. And it looks like we keep doing it. And you know what's incredible, Sasha?

Not at one point in my med school training was I ever taught about all the dumb shit we used to do. And I think that would have been the first thing that I would have been taught. We, you know, look at all the dumb shit we've done. Let this be a warning for today. Be careful what you practice and what you think is great because tomorrow people might be mocking us.

They never taught us that. Uh-huh. Yeah. No. Instead, they teach you to be arrogant, and they teach you to talk down to people, and they teach you, you know, instead of teaching humility and saying, here all the mistakes

that that you can make, and you can make people, suffer and die because of your actions.

And you have to be really care. So, instead of teaching to do no harm, instead, they teach you to be arrogant and, oh, you know, know it all and talk down to people because, oh, I'm a doctor. You know? And, Yeah. You've nailed it.

Are you, Sasha? What I would say to everybody listening is please follow your work. I mean, I need to just say it again. I love your articles. They're so funny.

You're so sarcastic. And I love your humor. And I think it's so important. Humor is the weapon that we have because these motherfrackers don't have a sense of humor. Right?

That's for sure. They do not have a sense of humor. And when you use humor against them, they don't know how to react. They don't know what to do. No.

Yeah? They just get angry. So, you know, we need to stay human. We need to connect with other human beings. We need to take the piss out of them. We need to turn off that stupid brainwashing box, get out in nature, get out in the light, ignore all their fear mongering, and, yeah. It's all gonna be fine in the end. Yeah, it's all gonna be fine. Sasha, oh yeah, and another thing, support people like Sasha, support people like me, you know, subscribe to your Substack. It's like, what the hell, man?

It's like it's the price of a coffee. You know, don't pay money to Starbucks or Netflix or Amazon Prime and all these bullshit people that actually wanna poison you and brainwash you and dumb you down, support the people who are fighting tyranny, like us. That's what I think. Listen. Yes.

Well, thank you, Ahmad. It was it was a great discussion. Everyone listening, I hope you enjoyed it. Thank you for all your comments. I was trying to

keep, you know, reading them, and at the same time stay focused and listen to what Sasha was saying.

Yeah. Everybody have a great time, this weekend, just switch off, don't stress that. Sasha, I hope you have a great time on the ski slopes. And I mean this, I've never met -I hope you're not getting the slopes enough. Yeah.

I've never met you, but I do love you. I love your work. I love your personality. I love your nature. I love you too.

Thank you. Alright. God bless, everybody. Bye bye. Hey. Yeah.